

## Featured Story

## A Holistic Learning Approach

At Able to Serve, learning goes beyond academics. We believe in holistic approach to education. What our participants learn in the classroom shapes who they are emotionally, socially, physically, and spiritually.

### Program Focus Areas

- *Academic.* Participants complete leveled activities in reading, writing, math, social studies, and science
- *Social.* Interaction between participants in a group setting provides opportunities for them to develop skills in areas like building friendships, resolving conflicts, and maintaining social boundaries
- *Life Skills.* Throughout the day, participants have opportunities to develop basic life skills to help them become more independent. They practice activities in areas like personal hygiene, household management, and health and wellness.
- *Spiritual.* Participants begin each day with a devotion led by a staff person, a fellow participant, or a pastor from a local church. We follow a Bible-based curriculum plan that keeps participants growing in their faith.
- *Technology.* Participants use touchscreen computers to develop basic computer skills, complete web-based activities, and engage in virtual experiences.



**Thousands of adults with disabilities are disconnected from society. We believe they can engage and thrive.**

# Our Model:



LEARN



GROW



LEAD



SERVE

## Making Stone Soup

Making Stone Soup is a yearly tradition at Able to Seve.

Stone Soup comes from a folk story about a group of strangers who share the resources they have in order to make a soup that everyone enjoys together. Participants read the story together and discuss the importance of friendship and sharing. Then they reserach the perfect recipe, gather the ingredients and utensils they need, and work together to make their own version of stone soup to enjoy together. This year each of our three groups made Stone Soup and enjoyed it altogether through Zoom technology!

This activity teaches basic cooking skills as well as reading and team-building skills.



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a chance.**

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